

CATCH CENTRAL REFERRAL OFFICE – Patient Referral Received

PATIENT CONTACTED – Initial Phone Call from Central Referral (within 5 working days)

- Established is patient of GP Medical Practice
- Offered Cardiac Rehab options – Telephone support / GP Practice - hybrid program
- Once patients accepts, patient details entered into CATCH database
- Referral sent to Telephone (primary) & GP medical practice via email from central referral

CATCH Telephone Support Program

GP Medical Practice

GP Practice Nurse

(within 5 working days)

Develops: Patient Care Plan

Identifies: with Patient, 5 allied health services to be accessed via Care Plan.

Completes: Initial Nursing Assessment

Uploads: into CATCH Program Tab patient Health Summary/patient notes

GP Practice Nurse

Documents: Assessment on CATCH database

Clinical Tab - Pre-commencement and

Depression Score Tab – Pre-commencement

Emails: health.chsacardiarehab@sa.gov.au attaching hybrid program **Notification Form**

Informs: Nursing Assessment completed

Indicates: Risk Factors/Allied Health services patient requires from CATCH

Documents: on CATCH database

Patient Tab – Episode Notes

CATCH Telephone Program commences (within 5 working days) after GP Practice Nurse notifies via email Initial Assessment has been completed

Risk Factors covered by CATCH Cardiac Rehab Nurse:

- Heart Disease/Warning signs
- Smoking/Hypertension
- Depression/Social Supports
- Heart Failure (if required)
- Exercise – **Exercise Physiologist** (if required)
- Medications – **Pharmacist** (if required)
- Diet/Cholesterol – **Dietician** (if required)
- Completion Call – CATCH Cardiac Rehab Nurse

GP

Conducts: 3 x 3 month Care Plan follow up consultations (Review) over next 12 months if needed.

GP Practice Nurse

Conducts: 12 month Review

GP Practice Nurse

Documents: on CATCH database

Clinical Tab – 12 month Review

CATCH Telephone support program conducted for up to next 8 weeks
Conducts: 6 month Review