

Yorke and North Region:

Country SA PHN's Yorke and North Region includes the Lower North, Mid North and Yorke Peninsula.

Background:

The Country SA PHN is the primary health network covering the country regions of South Australia.

Established by the Federal Government, PHNs are now operating Australia-wide. The key objectives of the PHNs are to increase the efficiency and effectiveness of medical services for patients, particularly those at risk of poor health outcomes, and to improve the coordination of care to ensure patients receive the right care in the right place at the right time. PHNs will achieve this through population health planning (needs assessments/data analysis) including service gap identification; health care commissioning; practice support services so that GPs are better placed to provide care to patients and avoid hospital; supporting general practices with safety and quality; and assisting general practices with eHealth.

Key Priority Areas:

Our six key priority areas are Aged Care, Aboriginal Health, Digital Health, Mental Health, Population Health and Health Workforce.



Aged
Care



Aboriginal
Health



Digital
Health



Mental
Health



Population
Health



Health
Workforce





Aged Care

Commissioned Services:

Active Ageing SA Inc

- Maintain, extend and actively promote the Falls SA website

DATIS – Medicines optimisation

- Detect, assess, monitor and prevent adverse effects with pharmaceutical products in patient care
- Support regional multi-disciplinary medication advisory committees

COTA

- Deliver practical support with understanding and navigating the My Aged Care gateway. Support will be delivered by trained Aged Care Peer Champions, who will provide telephone and face-to-face support with understanding and using My Aged Care gateway to older people

CSAPHN Activity:

- Partnered with Decision Assist who provide specialist palliative care and advance care planning advisory services to aged care providers and general practitioners caring for recipients of aged care services
 - Advanced Care Planning delivered in Port Pirie in June 2017 and Clare in August 2017
- Collaborate with Council of the Ageing (COTA) around use of My Aged Care portal
- Engage with Aged Care Facilities, Pharmacies and General Practice to ensure better patient outcomes
- Participate in Aged Care Collaborative Project Officer stakeholder meetings
- Participated in the Silver Connections After Hours Expansion Project completed during June 2017
 - Video consultations for Aged Care Residents
 - Participation in Orroroo, Wallaroo and Kadina



Aboriginal & Torres Strait Islander Health

Commissioned Services:

Integrated Team Care (ITC)

- Northern Health Network
 - Work with general practice and Aboriginal & Torres Strait Islander communities to improve access to culturally sensitive and appropriate primary healthcare services
 - Focus on better management of chronic conditions to close the gap in life expectancy

CSAPHN Activity:

- Engage with Northern Health Network and Country Health SA LHN on regional services

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Digital Health (eHealth)

CSAPHN Activity:

PEN Computing Systems

- Offering general practice access and licensing to clinical information management tools
 - CAT PLUS - Clinical Audit Tool CAT 4
 - Cleansing CAT
 - Practice Aggregation Tool (PAT CAT)
 - Topbar Clinical System Support Tool

Cisco Systems Inc.

- Offering general practice video technologies (Cisco Jabber) that facilitates remote care delivery

General practice support:

- Management of patients, data, systems and processes
- Support with all digital health platforms and e-Health requirements
- Regular webinars on a range of digital health topics
- Promotion of the benefits of My Health Record and information on system use



Mental Health

Commissioned Services:

- Please refer to [Service Provider](http://countrysaphn.com.au/phnactivity/commissioningandtendering/csaphn-service-providers) listing on CSAPHN website
<http://countrysaphn.com.au/phnactivity/commissioningandtendering/csaphn-service-providers>

CSAPHN Activity:

- Involvement in Mental Health Week activities
- Facilitated Mental Health Week small grants program throughout the region in 2017
- Work with the Office of Chief Psychiatrist to support Suicide Prevention Networks being established in Peterborough, Jamestown and Port Pirie
- Engagement with the Mental Health, Alcohol and Other Drug leadership network in Peterborough
- Resourcing and coordination support for the application of Local Drug Action Teams in Port Pirie, Peterborough, Yorke Peninsula and Clare



Population Health

Commissioned Services:

Country Health SA LHN

- Delivery of allied health and primary care services in populations under 5000. Positions include:
 - Specialist nurse roles in chronic disease management
 - Dietitian / Nutritionist
 - Podiatrist
 - Physiotherapist / Exercise physiologist
 - Mental health clinician

These services were released by open tender to market in October 2017

- Partnered with Country Health SA LHN to deliver Diabetes Education and Management for Primary Health Care Nurses workshops in Clare and Port Pirie during October 2017

Cancer Council of South Australia

- Cancer Screening Checklist Trial completed during June 2017 with the aim of increasing cancer screening rates in general practice

National Heart Foundation (SA)

- Enabling the content on the cardiovascular disease absolute risk calculator to be used on mobile devices
- Provides 16 primary health care nurses a scholarship to participate in the Heart Foundation Nurse Ambassador Program

CATCH (country access to cardiac health)

- Provides country access to cardiac rehabilitation

Health Care Homes

- CSAPHN has been selected as one of the ten regions for the Commonwealth Government Health Care Homes Trial. A Health Care Home is an existing general practice or Aboriginal Community Controlled Health Organisation (ACCHO) that commits to a systematic approach to chronic disease management
 - CSAPHN webpage - <http://countrysaphn.com.au/healthprofessionals/health-care-homes>

PHN Immunisation Hub

- The Adelaide and Country SA PHNs have jointly implemented the SA PHN Immunisation Hub
 - The SA PHN Immunisation Hub provides education, mentoring and networking for service providers, engagement, advocacy and resources for the community, and facilitates nurse led clinics

Healthy eating and Lifestyle

- CSAPHN has commissioned the HEAL program to direct services at the management of overweight and obesity, unhealthy eating and insufficient physical activity



- Northern Health Network will deliver the HEAL program in the Lower North, Mid North and Yorke Peninsula areas

Chronic Pain Management Pilot Project

- CSAPHN has partnered with the Royal Adelaide Hospital (RAH) Pain Management Unit to deliver a pilot project to improve the effectiveness of chronic pain management
 - This project educates and supports local General Practitioners, Allied Health Practitioners and Practice Nurses to locally manage this diverse cohort of patients
 - Commenced in July 2017 in the Northern Yorke Peninsula
 - 64 patients have been referred into the project with 41 reviewed by the RAH Pain Management Unit Multidisciplinary team (Pain Medicine Specialist, Physiotherapist, Psychologist)
 - 3 pre-requisite patient information sessions delivered with 42 attendees and 15 carers
 - 2 Multidisciplinary Health Provider Education sessions delivered in July and August 2017 with 94 attendees
 - Arthritis SA "Living with Chronic Pain-techniques for coping" community education workshops delivered in Kadina and Moonta in 2017 and scheduled for Wallaroo & Pt Broughton in 2018
 - CPD activities "The Pain Revolution. Principles, pearls and pitfalls" with Prof Lorimer Moseley and "Through the looking glass: analgesia in chronic pain, nothing is quite what it seems" with A/Prof Debra Rowett scheduled in March 2018

Country and Outback Health

- Respiratory Nurse services in the Yorke Peninsula area

Dyslexia SA

- Provides Dyslexia Support Services in the Lower Mid North and Light regions

CSAPHN Activity:

- Sponsorship of the Clare High School Rainbow Run promoting healthy physical activity and community connectedness
- Representation on numerous community and service provider committees to improve coordination of care and health literacy/promotion
- Formal presentations to local community and service agencies



Health Workforce

Commissioned Services:

GPEX

- Preferred provider for education delivery
 - Professional development delivered through face-to-face regional workshops for primary health care professionals to extend their knowledge and skills
 - National Cervical Screening Program Update delivered in Port Pirie in July 2017

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- Accessing and managing mental health in rural general practice, Focus on Anxiety education delivered in Kadina in July 2017 and Crystal Brook in September 2017

Doctors Health SA

- Providing Doctors Health workshops for general practice
 - Delivered in Clare in December 2016 and Kadina in April 2017

BMP Healthcare Consulting

- Provided Frailty Workshops to general practice, community health, aged care facilities & allied health professionals
 - Delivered in Kadina in March 2017

CSAPHN Activity:

- Partnered with the National Asthma Council to deliver a Spirometry workshop in Clare in March 2017 and Kadina in October 2017
- Partnered with Benchmark to deliver Chronic Disease management workshops in Ardrossan and Clare during 2016
- Delivered inaugural joint SA PHN Conference in April 2017 with over 250 primary health care professional attendees
- Partnered with Sound Radiology and MIGA to deliver a Radiology Update for rural GPs in August 2017
- Support Practice Manager & Primary Care Nurse Networks to inform, educate and network
- Partner with UniSA regarding allied health workforce needs
- Partnered with Rural Doctors Association SA (RDASA) to support Registrar attendance at annual Masterclass in August 2016 and 2017

Community Collaborations:

CSAPHN seeks genuine connection with rural and remote communities to help identify gaps, needs and trends as well as to provide feedback on the activities we undertake and the services we commission.

In the Yorke and North region (Mid North, Lower North and Yorke Peninsula), CSAPHN engages with:

- Mid North Local Health Cluster
- Yorke Peninsula Local Health Cluster
- <http://countrysaphn.com.au/phnactivity/clinical-and-community-governance>

For more information, please subscribe to our monthly newsletter detailing CSAPHN activity as well as external primary health care news - <http://countrysaphn.com.au/phnactivity/newsroom/newsletter>

