

## North and West Region:

Country SA PHN's North and West Region includes the Far West and Lower Eyre Peninsula.

## Background:

The Country SA PHN is the primary health network covering the country regions of South Australia.

Established by the Federal Government, PHNs are now operating Australia-wide. The key objectives of the PHNs are to increase the efficiency and effectiveness of medical services for patients, particularly those at risk of poor health outcomes, and to improve the coordination of care to ensure patients receive the right care in the right place at the right time. PHNs will achieve this through population health planning (needs assessments/data analysis) including service gap identification; health care commissioning; practice support services so that GPs are better placed to provide care to patients and avoid hospital; supporting general practices with safety and quality; and assisting general practices with eHealth.

## Key Priority Areas:

Our six key priority areas are Aged Care, Aboriginal Health, Digital Health, Mental Health, Population Health and Health Workforce.



Aged  
Care



Aboriginal  
Health



Digital  
Health



Mental  
Health



Population  
Health



Health  
Workforce





## Aged Care

### Commissioned Services:

#### Active Ageing SA Inc

- Maintain, extend and actively promote the Falls SA website

#### DATIS – Medicines optimisation

- Detect, assess, monitor and prevent adverse effects with pharmaceutical products in patient care
- Support regional multi-disciplinary medication advisory committees

### CSAPHN Activity:

- Partnered with Decision Assist who provide specialist palliative care and advance care planning advisory services to aged care providers and general practitioners caring for recipients of aged care services
  - Advanced Care Planning delivered in Port Lincoln in June 2017
- Collaborate with Council of the Ageing (COTA) around use of My Aged Care portal and to provide the *Strength for Life* fitness program for people aged over 55 years in Port Lincoln
- Engage with Aged Care Facilities, Pharmacies and General Practice to ensure better patient outcomes
- Participate in Aged Care Collaborative Project Officer stakeholder meetings
- Active committee member of the Eyre and Western Community Service Regional Planning Forum, an Aged Care stakeholder committee



## Aboriginal & Torres Strait Islander Health

### Commissioned Services:

#### Integrated Team Care (ITC)

- Port Lincoln Aboriginal Health Services, Ceduna Koonibba Aboriginal Health Service Corporation and Nganampa Health
  - Work with general practice and Aboriginal & Torres Strait Islander communities to improve access to culturally sensitive and appropriate primary healthcare services
  - Focus on better management of chronic conditions to close the gap in life expectancy

#### Aboriginal Chronic Disease Management Services

- Ceduna Koonibba Aboriginal Health Service Corporation
- Oak Valley (Maralinga) Aboriginal Corporation
- Tullawon Health Service
- Nganampa Health

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## CSAPHN Activity:

- Engage with Port Lincoln Aboriginal Health Services, Ceduna Koonibba Aboriginal Health Service Corporation and Country Health SA LHN on regional services
- Engage with the University of SA Indigenous Participation Pathway Program



## Digital Health (eHealth)

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## CSAPHN Activity:

### PEN Computing Systems

- Offering general practice access and licensing to clinical information management tools
  - CAT PLUS - Clinical Audit Tool CAT 4
  - Cleansing CAT
  - Practice Aggregation Tool (PAT CAT)
  - Topbar Clinical System Support Tool

### Cisco Systems Inc.

- Offering general practice video technologies (Cisco Jabber) that facilitates remote care delivery

### General practice support:

- Management of patients, data, systems and processes
- Support with all digital health platforms and e-Health requirements
- Regular webinars on a range of digital health topics
- Promotion of the benefits of My Health Record and information on system use



## Mental Health

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## Commissioned Services:

- Please refer to [Service Provider](http://countrysaphn.com.au/phnactivity/commissioningandtendering/csaphn-service-providers) listing on CSAPHN website  
<http://countrysaphn.com.au/phnactivity/commissioningandtendering/csaphn-service-providers>

## CSAPHN Activity:

- Involvement in Mental Health Week activities in Port Lincoln
- Active committee member of Lincoln Alive – Suicide Prevention Network
- Active member of the Drug and Alcohol Task Committee in Port Lincoln

- Partnered with Black Dog Institute to deliver 'Dealing with Depression in Rural Australia' in Port Lincoln in July 2017



## Population Health

### Commissioned Services:

#### Country Health SA LHN

- Delivery of allied health and primary care services in populations under 5000. Positions include:
  - Specialist nurse roles in chronic disease management
  - Dietitian / Nutritionist
  - Podiatrist
  - Physiotherapist / Exercise physiologist
  - Mental health clinician

These services were released by open tender to market in October 2017

#### Cancer Council of South Australia

- Cancer Screening Checklist Trial completed during June 2017 with the aim of increasing cancer screening rates in general practice

#### National Heart Foundation (SA)

- Enabling the content on the cardiovascular disease absolute risk calculator to be used on mobile devices
- Provides 16 primary health care nurses a scholarship to participate in the Heart Foundation Nurse Ambassador Program

#### CATCH (country access to cardiac health)

- Provides country access to cardiac rehabilitation

#### Health Care Homes

- CSAPHN has been selected as one of the ten regions for the Commonwealth Government Health Care Homes Trial. A Health Care Home is an existing general practice or Aboriginal Community Controlled Health Organisation (ACCHO) that commits to a systematic approach to chronic disease management
  - CSAPHN webpage - <http://countrysaphn.com.au/healthprofessionals/health-care-homes>

#### PHN Immunisation Hub

- The Adelaide and Country SA PHNs have jointly implemented the SA PHN Immunisation Hub
  - The SA PHN Immunisation Hub provides education, mentoring and networking for service providers, engagement, advocacy and resources for the community, and facilitates nurse led clinics
  - Influenza/Pneumococcal update and an Introduction to Immunisation session for Aboriginal Health Workers delivered in Port Lincoln in March 2017

#### Healthy eating and Lifestyle

- CSAPHN has commissioned the HEAL program to direct services at the management of overweight and obesity, unhealthy eating and insufficient physical activity

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- Northern Health Network will deliver the HEAL program in the Far West, Lower and Upper Eyre areas

## Royal Flying Doctor Service

- Screening for cardiovascular diseases, offering prevention and lifestyle change support



## Health Workforce

### Commissioned Services:

#### GPEX

- Preferred provider for education delivery
  - Professional development delivered through face-to-face regional workshops for primary health care professionals to extend their knowledge and skills
  - National Cervical Screening Program Update delivered in Port Lincoln in May 2017
  - Accessing and Managing Mental Health in Rural General Practice, Focus on Anxiety delivered in Port Lincoln in July 2017

#### sapmea

- Provides targeted education in the CSAPHN region
  - Fractures in General Practice delivered in Port Lincoln in November 2017

#### Doctors Health SA

- Providing Doctors Health workshops for general practice
  - Delivered in Ceduna in May 2017

### CSAPHN Activity:

- Partnered with the National Asthma Council to deliver a Primary Care Asthma update in Port Lincoln during 2016
- Delivered inaugural joint SA PHN Conference in April 2017 with over 250 primary health care professional attendees
- Partnered with Sound Radiology and MIGA to deliver a Radiology Update for rural GPs in August 2017
- Support Practice Manager & Primary Care Nurse Networks to inform, educate and network
- Partner with UniSA regarding allied health workforce needs
- Partnered with Rural Doctors Association SA (RDASA) to support Registrar attendance at annual Masterclass in August 2016 and 2017

### Community Collaborations:

CSAPHN seeks genuine connection with rural and remote communities to help identify gaps, needs and trends as well as to provide feedback on the activities we undertake and the services we commission.

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# North and West Region

In the North and West region (Far West and Lower Eyre Peninsula), CSAPHN engages with:

- Far West Local Health Cluster
- Lower Eyre Local Health Cluster
- <http://countrysaphn.com.au/phnactivity/clinical-and-community-governance>

For more information, please subscribe to our monthly newsletter detailing CSAPHN activity as well as external primary health care news - <http://countrysaphn.com.au/phnactivity/newsroom/newsletter>

